



State of Arizona
Department of Education

Tom Horne
Superintendent of
Public Instruction

CN# 04-08

MEMORANDUM

To: School Health & Nutrition Program Sponsors

From: Mary Szafranski, Deputy Associate Superintendent
Arizona Department of Education, Health & Nutrition Services

Kacey Frey, NSLP Health Director
Arizona Department of Education, School Health & Nutrition Programs

Date: October 3, 2007

RE: Arizona Nutrition Standards Revision and Second Meal Clarification

Original Signed

The purpose of this memo is to inform all Local Educational Agencies (LEAs) of the revisions to the Arizona Nutrition Standards (ANS) effective IMMEDIATELY.

The first year of implementation has passed with overall success reported in implementing the ANS grades kindergarten through eighth. During this process, the Arizona Department of Education (ADE) received valuable suggestions for improvement. The most common suggestions related to serving entrees a la carte that were a part of a National School Lunch Program (NSLP) reimbursable meal and fruits and vegetables meeting the fiber standard.

To ensure all NSLP LEAs had the opportunity to provide feedback on implementation, ADE administered an ANS survey in April 2007. Survey results supported increasing the total fat from calories percent for NSLP entrees only. Other survey results were not significant or allowed within the integrity of standards.

The ADE must maintain the integrity of Arizona Revised Statute 15-242, federal nutrition guidelines, and provide standards that are realistic to implement. Therefore, with the support of the School Nutrition Association of Arizona, the ADE has made the following changes to the ANS:

- **NSLP entrees only: Total fat standard increased from 35% to 40% of total calories (must still meet all other food standards)**
- **Fruits and vegetables are exempt from the fiber standard**

Page 1 of 2

Due to these modifications, the online nutrition calculator, the ANS document online, and the Quick Guide to the ANS online have been updated at www.ade.az.gov/health-safety/cnp/HB2544/Default.asp. Please continue to use these tools. The AZ Healthier Snack Wheel is NO LONGER a VALID tool for evaluating entrees against the ANS. Please discard any old hard copies of the ANS document, the quick guide to the ANS, and AZ Healthier Snack Wheel. A revised Quick Guide to the ANS will be mailed to all LEAs.

To clarify if second meals must meet ANS standards, food or beverage items served separate from an NSLP reimbursable meal are considered a la carte and must meet the ANS for grades kindergarten through eighth.

Refer to related CN Memos 35-06, 47-06, 04-07, and 12-07

If you have questions or concerns regarding this memo, please contact your School Health & Nutrition Program Specialist at 602-542-8700.